

Cleaning protocol considering COVID-19

In this document, we want to give you advice regarding the cleaning protocol for your B&B. We will provide cleaning tips and an explanation of which objects and surfaces need to be cleaned and disinfected thoroughly. We hope this checklist will help you to prevent the further spread of the coronavirus.

Protect yourself

You should wash your hands thoroughly with soap and water for at least 30 seconds, before and after every cleaning. Before you start cleaning, put on disposable gloves, which you should throw away immediately after cleaning. Also, don't forget to wash your hands immediately afterwards. If possible, also use disposable clothing such as a plastic gown or face mask. Do not touch your face while cleaning.

Fresh air

Open all windows and/or ventilation grids half an hour before cleaning. Leave them open during cleaning.

Disposable or reusable?

You can use paper and/or disinfectant wipes during cleaning, which you can immediately throw away. If you use reusable cloths, it is vital to wash them at a minimum of 60°C after every use.

First clean, then disinfect.

Cleaning is the removal of visible dirt and germs, and disinfection is the killing of bacteria and viruses using chemicals. Cleaning can be done with water and soap/cleaning products. You can disinfect your surfaces using cleaning products with at least 70% alcohol. You could also use diluted household bleach to sanitize. Let the disinfectant act for a while before wiping it off. Note: make sure that the products have not exceeded their expiry date.

Fabrics and soft furnishings

In your B&B you probably have sofas, carpets or curtains. It is recommended to clean it according to the cleaning instructions of the materials. You may find washing instructions inside of the covers of your sofa. Items that cannot be washed in the washing machine can be cleaned with suitable cleaning products.

Washing linen

It is essential to clean the linen (duvet cover, towels, sheets, blankets, etc.) very well. Wear gloves when changing and washing the linen. Wash the linen at the highest possible temperature (see the care labels of the products for guidelines). If possible, try to collect the laundry in a disposable bag, or make sure you clean the laundry basket properly, each time.

Cleaning Checklist

When cleaning and disinfecting your B&B, it is important to check whether you have cleaned the relevant items and surfaces. It can help to use the checklist below. This list may not be exhaustive, but it provides a good starting point.

Frequently touched surfaces

- Door handles
- Kitchen/cupboard handles
- Light switches
- Taps
- Keys
- Dustbins
- Bannisters and rails
- Remote controls
- Tabletops
- Chairs
- Thermostats
- Window closures/vents
- Window sills
- Toilets
- Sofas

Bathroom

- Shower- and/or bath taps
- Wash basin and taps
- Shower door or curtain
- Toiletry products (shampoo, soap, soap dispenser)
- Towel rails
- Hairdryer
- Make-up mirror
- Wellness areas (sauna, jacuzzi, steam room etc.)

Kitchen

- Sink
- Kitchen appliances (oven, microwave, toaster, coffee machine, etc.)
- Cooking utensils (spatulas, cutlery, plates, dishes, etc.)
- Seasonings and cooking supplies (condiments, oil, storage containers)

Bedrooms

- Nightstands
- Reading lamps
- Clothing hangers
- Shutters/curtains/blinds

Miscellaneous

- Household appliances (dishwasher, washing machine, vacuum cleaner, etc.)
- Bicycles and bicycle storage
- Entertainment (magazines, books, games, etc.)
- Children's equipment (inside and outside toys, high chair, playpen, changing mat, cot/crib)
- Telephone
- Ironing board and iron